

## *How to take support on your Wee Break*

Did you know that the person you care for can 'take their care support package' with them on a Wee Break for up to two weeks at a time.

1

At least 2 weeks before:

Contact the Council's Community Care Officers to let them know dates of your break. They will confirm the number of hours (and hourly rate) of support **the person you care for** receives.

This is what they can 'take with them' to your break destination.

2

Choose care provider(s) at your break destination, taking into consideration:

- When they can provide support
- Their recent Care Quality Commission report
- Their hourly rate – if higher you need to pay the difference

The 'agreed' hours can be used towards the costs of respite break providers and the person you care for may also be eligible for support with any extra costs in discussion with your Social Worker.

Please be aware that there may be constraints on the availability of care in the particular area that you are visiting and securing appropriate short term support may be difficult.

3

At least 1 week before:

Contact your regular care provider and let them know the dates you will be away and taking the break.

The council will stop payments to them whilst you are away.

4

After the break:

Ask the care provider to send an invoice to the Council for the service(s) and hourly rate you agreed.

If there is anything extra to pay you pay this to the provider directly.

If you want to 'take your support' abroad the Council will give you a cheque for the agreed amount in GBP (£). You can use this to pay the provider directly. Remember to send in receipts when you get home!